

# FibroScan Instructions

## About FibroScan:

- FibroScan is the noninvasive gold standard for comprehensive management of liver disease. It sends a pulse of energy to your liver, which will give your medical practitioner important information about your liver's health. FibroScan is a specialized ultrasound machine for your liver that measures fibrosis (scarring) and steatosis (fatty change) in your liver.

## Contraindications to Procedure:

- FibroScan cannot be performed if you have an **implanted pacemaker, defibrillator, infusion pump or similar device**.
- FibroScan also cannot be performed if you have a wound in the FibroScan region of interest or if you are pregnant.

## How do I Prepare?

- Wear comfortable clothes that allow access to the right side of your rib cage.
- You should be fasting (**no food or liquids/water**) for at least 3 hours before your examination.

## What to Expect during Exam?

- The examination is carried out by a trained operator.
- You will lie on your back with your right arm above your head.
- You will cross your right leg over your left to help open your rib spaces.
- The exam is not painful, but you may feel a slight vibration from the probe as the measurements are taken.
- The exam typically takes between 5 and 10 minutes to perform.

## After the Exam:

- Your medical practitioner will review the results and our office will contact you with the results of your FibroScan and plan of care recommendations.

### Procedure Cancellation Notice Requirements:

- Procedure cancellations must be made **three (3) business days prior to your appointment**.
- Failure to provide the required advance notice will result in a **\$50 Total Cancellation Fee**.