

Information Sheet

Diabetes

Diabetes Supplemental Information Sheet:

- We encourage our patients with diabetes to schedule a morning procedure as to avoid prolonged fasting.
- These are general guidelines, and you should call your healthcare provider who manages your diabetes for further instructions.
- Check your blood sugar the day before the procedure, the evening before the procedure and the morning of the procedure. If you take insulin, it is recommended that you check your glucose every 4 hours, at least.
- If your blood sugar is less than 60, please take glucose tablets any time leading up to your procedure.

The **DAY BEFORE** the Procedure:

- **INSULIN**
 - Take rapid-acting and regular short acting insulin as usual with solid food. Once you change to clear liquids, give only corrections as you would normally do in a fasting situation.
 - Intermediate, pre-mixed, long-acting insulin: Take ½ of your usual amount the evening before your procedure.
 - Insulin pump: when you begin clear liquids, decrease your basal rate by 1/2. Do not administer bolus doses.
- **HYPOGLYCEMIC AGENTS (ORAL AND INJECTABLE)**
 - Sulfonylureas and SGLT-2 inhibitors: DO NOT TAKE.
 - All other hypoglycemic agents: HOLD THE EVENING DOSE ONLY.

The **DAY OF** the Procedure:

- **INSULIN**
 - All insulins: DO NOT TAKE until you resume regular meals.
 - Insulin pump: Keep your basal rate at 1/2. DO NOT administer bolus doses.
- **HYPOGLYCEMIC AGENTS (ORAL AND INJECTABLE)**
 - DO NOT take until you resume regular meals.

**** If you have questions, please call your health care provider that manages your diabetes. ****