

Agile Capsule Preparation Instructions

Patient Name: _____

Procedure Date: _____

Check in Details:

- Please check in between: 8:15 - 8:30 AM
 - Please note that if you arrive later than 8:30 am we will be unable to proceed with the Capsule Endoscopy.
- Check in with at our office staff at our Boulder Office: 1755 48th Street #100, Boulder, CO 80301

About Agile Patency Capsule:

An agile patency capsule is a dissolvable capsule that is ingested to verify the patency of your gastrointestinal tract. This is especially important to do prior to receiving a capsule endoscopy if your doctor suspects strictures/narrowing in the small bowel.

What to bring and do prior to your procedure:

- You should plan on being at our facility for at least 10 minutes.
- Read prep instructions THOROUGHLY.

IF YOU NEED TO CANCEL OR RESCHEDULE YOUR APPOINTMENT, YOU MUST DO SO 3 BUSINESS DAYS PRIOR TO YOUR APPOINTMENT DATE OR A CANCELLATION FEE MAY BE ASSESSED.

Instructions

Please Read all Instructions Carefully. For any further questions please contact our office at 303.604.5000

5 days before your exam:

- Please contact our office at 303.604.5000 if you have problems with constipation. We will inform you of any special requirements we may have you do.
- Medications should NOT be taken 10 pm the night before your procedure and until 2 hours after agile capsule is ingested. Please contact the office at 303.604.5000 if you have specific concerns with the medications you are taking.
- If you are diabetic, please contact our office at 303.604.5000 for instructions.

1 Day before your exam:

- *Morning:* You may have a regular breakfast. After breakfast, only clear liquids for lunch and dinner. *SEE BELOW*
- *10pm:* You can have as many clear liquids up until 10 pm. AFTER 10 pm please take NOTHING by mouth, not even medication. **SEE BELOW**
- Do not smoke or chew 24 hours prior to your exam, as it may cause issues with your procedure.

Clear Liquids:

- If you can see through it, you can drink it. NO RED OR PURPLE DYES
- Sports drinks, clear sodas, juices without pulp, water, teas, black coffee
- Clear broths, gelatin, popsicles
- Clear hard candies (not red or purple)
- NO ALCOHOL, NO DAIRY PRODUCTS

The day of your exam:

- No medication should be taken before 10 am the day of your exam.
- Do NOT arrive to your exam later than 8:30 am. We will not be able to proceed if you do.
- At the Boulder Office you will ingest the agile capsule. You will need to return to the same location 24 hours after you ingest the agile capsule to see if it has been retained. If our scanner indicates retention of agile, we will need to have you obtain an abdominal x-ray to determine location. Depending on these results, your doctor will decide if we can proceed with a capsule endoscopy.
- You may have clear liquids 2 hours after swallowing the capsule.
- You may have a light meal 6 hours after swallowing the capsule.

Instructions / expectations following the exam:

- After ingesting the capsule and until it is excreted, you should not be near any electromagnetic fields, such as an MRI device or amateur (ham) radio.
- Do not be concerned if you do not excrete the capsule, sometimes this does happen.
- Depending of the x-ray results, we will contact you to discuss the steps to how we will proceed. If you do not hear back from us in 48 hours from when the x-ray was done, please contact our office.