
Upper Endoscopy (EGD) / Endoscopic Ultrasound (EUS) Upper with Anesthesia Instructions

Patient Name: _____

Procedure date: _____ Check in at _____ am/pm

At _____ Hospital with Dr. _____

About EGD / EUS Upper:

An EGD / EUS Upper allows your doctor to examine the walls of your esophagus, stomach and duodenum (first section of small intestine), as well as study other organs near the gastrointestinal tract. This includes the liver, gall bladder and pancreas. The doctor will insert a flexible tube into your mouth, down your esophagus, into the stomach and small bowel looking for abnormalities (EGD).

Your doctor will then use a similar thin flexible tube with a built in ultrasound probe (EUS). The ultrasound uses sound waves to create visual images of the digestive tract and help identify lesions that may have been seen on other imaging. If a lesion needs to be sampled or biopsied, a very thin needle will be used. Prior to the procedures, you will be given anesthesia. Following the procedures, you will be groggy for a few hours and therefore, should not schedule anything else for the remainder of the day. You are **NOT** allowed to drive for the remainder of the day. It is recommended to have a person over the age of 18 to stay with you 6-8 hours after your procedure.

What to bring and do prior to procedure:

- Please bring your PHOTO ID and INSURANCE CARD.
- Please bring a list of your current medications (including non-prescription) and allergies.
- **YOU MUST HAVE A DRIVER 18 YEARS OF AGE OR OLDER WHO WILL ACCEPT RESPONSIBILITY AND DRIVE YOU HOME.** They will need to be within a 15 minute driving distance of our facility. They will be notified when your procedure is over and **MUST** be present at the time of discharge to receive instructions and teaching. You are **NOT** allowed to take a **bus, taxi, Access a Ride, walk home, etc.** **If you do not have a ride your procedure will be cancelled or rescheduled.**
- If your procedure is at Good Samaritan Medical Center, your driver must stay at the hospital from check-in to check-out. They are **NOT** allowed to leave the facility.
- You should plan on being at the hospital for approximately 2-3 hours.
- Read prep instructions **THOROUGHLY.**
- **10 HOURS PRIOR TO CHECK IN TIME NO SOLID FOODS, WATER ONLY.**
- **8 HOURS PRIOR TO CHECK IN TIME STOP EVEN WATER. Nothing my mouth.**

If you need to cancel or reschedule your appointment, you MUST do so 3 business days prior to your appointment date or a cancellation fee may be assessed.

Please call our office at 303.604.5000.

PLEASE CHECK IN AT REGISTRATION DESK WHEN YOU ARRIVE AT THE HOSPITAL.

Upper EUS Instructions

5 days before your exam:

- Discontinue supplements and medications containing iron.
- If on blood thinners please call our office and consult prescribing physician for possible dose alterations (Coumadin, Warfarin, Pradaxa, Xarelto, Eliquis).
- If you are diabetic, please contact our office for instructions. **303.604.5000**

3 days before your exam:

- Prepare list of medications and allergies.
- Confirm that your driver is able to take you home.

Day of your Exam:

- Based on your check in time, calculate backwards. 10 hours prior to your check in time, stop everything by mouth except water. Then, 8 hours prior to your check in time, stop even water.
- Medications can be taken during the 8 hours prior to your check in time with sips of water **with exceptions** to blood thinners and diabetic drugs as mentioned previously.

***** If you fail to follow these directions, your appointment may be canceled and rescheduled to a later date or time. *****