

# Patency Capsule Endoscopy Preparation Instructions

## About Patency Capsule:

A patency capsule is a dissolvable capsule that is ingested to verify the patency of your gastrointestinal tract. This is especially important to do prior to receiving a capsule endoscopy if your provider suspects strictures/narrowing in the small bowel.

## Check in Details:

- ☐ Please check in between: **7:45 - 8:00 AM**
- ☐ If you arrive later than 8:00 am, we will NOT be able to proceed with the Patency Capsule Endoscopy.

## What to bring and do prior to your procedure:

- ☐ You should plan on being at our facility for **at least 10 minutes**.
- ☐ Read prep instructions THOROUGHLY.

## Weight Loss/Diabetes Medications:

- **GLP-1 Agonists (Injectable):** including Mounjaro (tirzepatide), Zepbound (tirzepatide), Trulicity (dulaglutide), Victoza, Saxenda (liraglutide), Adlyxin (lixisenatide), Ozempic (semaglutide), Wegovy (semaglutide), Bydureon BCise (exenatide), Byetta (exenatide), Stop the injectable medication one week prior to your test.
- **GLP-1 Agonists (Oral):** including Rybelsus (semaglutide tablet), Stop 24 hours prior to your test.

## If you have diabetes, follow these instructions:

- **Long-Acting Insulins** (ex. Lantus, Basaglar, Semglee, Toujeo, Insulin Glargine): Decrease basal rate by 1/2 the day before or the day of your test.
- **Rapid-Acting and Regular Short-Acting Insulin** (ex. Lispro, Humalog, Admelog, Regular Insulin): If your blood sugar is high and you need to take a correction, take ½ or 50% of your usual correction. This applies to the day before and the day of your test.
- **Insulin Pump:** Decrease basal rate by ½ the day before and the day of your test. Do not administer bolus doses.
- **SGLT2 Inhibitors:** including Jardiance (empagliflozin), Brenzavvy (bexagliflozin), Glyxambi (empagliflozin/linagliptin), Invokamet (canagliflozin/metformin), Invokana (canagliflozin), Qtern (dapagliflozin/saxagliptin), Segluromet (ertugliflozin/metformin), Steglatro (ertugliflozin), Steglujan (ertugliflozin/sitagliptin), Synjardy (empagliflozin/metformin), Inpefa (sotagliflozin), Trijardy (empagliflozin/linagliptin/metformin), Xigduo (dapagliflozin/metformin), Farxiga (dapagliflozin), Stop these medications four days prior to your test.
- **Other Diabetic Oral & Injectable Medications:** including Glucophage (metformin), Glucotrol/Glynase Pres Tab/Micronase (glipizide), Amaryl (glimepiride), DiaBeta (glyburide), Tradjenta (linagliptin), Januvia (sitagliptin), Nesina (alogliptin), Onglyza (saxagliptin), Zituvio (sitagliptin), Actos (pioglitazone), Avandia (rosiglitazone) or any combination of these medications, Stop these medications the day before your test.
- **Check your blood sugar at same intervals as usual, and additionally, if needed:** If your blood sugar is less than 60, please take glucose tablets at any time before your test with a sip of water.

# Checklist to Ensure Proper Preparation

To ensure the proper completion of your procedure, we strongly suggest that you **PRINT OUT** this document and check off each of the instructions as you complete them.

## **5 days** before your exam:

- ☐ Please contact our office at **303-604-5000** if you have problems with constipation.  
We will inform you of any special requirements we may have you do.

## Checklist: The Day Before Your Test

- ☐ You may have a light breakfast in the **morning**, but after 9 am, begin a **clear liquid** diet.
- ☐ If you have **diabetes**, please see diabetes instructions above.
- ☐ You can have clear liquids up **until 10 pm - NO solid foods**.
- ☐ **AFTER 10 pm, please take NOTHING by mouth**, not even medication.
- ☐ **Do NOT smoke or chew tobacco 24 hours prior to your exam**, it may cause issues with your procedure.
- ☐ The charts below will show you **clear liquid diet examples** of what you can and cannot drink:

### **CLEAR LIQUIDS - YOU CAN DRINK:**

Gatorade, Pedialyte, Powerade, Kool-Aid
Gatorade G2, Propel, Crystal Light
Broth, Popsicles
Jell-o, Juice without Pulp (ex. Apple Juice)
Black Coffee
Tea, Water
Clear Sodas (ex. Sprite, Ginger Ale)
Sparkling water

### **DO NOT DRINK:**

<b>NO</b> red or purple liquids
<b>NO</b> Milk or non-dairy creamers
<b>NO</b> Alcohol
<b>NO</b> Broth or soup
<b>NO</b> Juice with Pulp (ex. pineapple juice)
<b>NO</b> Liquid you cannot see through
<b>NO</b> Apple Sauce
<b>NO</b> Smoothies

# Checklist: The Day of Your Test

- ☐ **No medication** should be taken **before 10 am** the day of your exam.
- ☐ **Do NOT arrive to your exam later than 8:00 am.** We will not be able to proceed if you do.
- ☐ At the office, you will ingest the patency capsule. You will receive an x-ray order to obtain an abdominal x-ray 24 hours after you swallow the patency capsule. Depending on these results, your provider will decide if we can proceed with a capsule endoscopy.
- ☐ **You may have clear liquids 2 hours after swallowing the capsule.**
- ☐ **You may have a light meal 6 hours after swallowing the capsule.**

## Instructions / expectations following the exam:

- ☐ After ingesting the capsule and until it is excreted, you should **not be near any electromagnetic fields**, such as an MRI device or amateur (ham) radio.
- ☐ **Do not be concerned** if you do not excrete the capsule, sometimes this does happen.
- ☐ Depending on the x-ray results, we will contact you to discuss the steps to how we will proceed.  
**If you do not hear back from us in 48 hours** from when the x-ray was done, please contact our office: **303-604-5000**.

**Congratulations, you have completed your prep!** Please bring your medication list (including over-the-counter medications), photo ID, insurance card, co-pay/co-insurance/deductible with you to your test.

### Cancellation Notice Requirements:

- Procedure cancellations must be made **three (3) business days prior to your appointment.**
- Failure to provide the required advance notice will result in a **\$50 Total Cancellation Fee.** (\$50 Physician cancellation fee from Gastroenterology of the Rockies)